

## KENDAL & LAKES SAC DIVE LOG

Dive Manager:							Location:						Weather:		
Asst Dive Manager:							Date:						Max Time:		
Name	Initial by DL	Cyl Size	Pony	EAN X % mix	MOD/ Max Depth	Air (Bar) in	Surface Interval	35m + Dive Plan Checked	Air (bar) Out	Actual Depth	Dive Time	Total Time	Time in	De-brief to DM	Skills / Comments / Equipment Etc

By initialling, diver confirms dive briefing understood and buddy check will be completed  
 NB: Dive Manager to report ALL incidents to the Diving Officer.

Hyperbaric Chamber Helpline 07831 151523

Total Dives: \_\_\_\_\_ Total Time: \_\_\_\_\_

# KENDAL & LAKES SAC DIVE LOG

## DIVE MANAGING RISK ASSESSMENT

The following headings are to be considered and briefed by the Dive Manager on each dive as appropriate, to ALL Dive leaders

**It is the responsibility of each Dive Leader to provide the Dive Manager with a de-brief.**

### 1. GENERAL PRE-DIVE CHECKS

- Off-site communications available (mobile phone/phone box/VHF)
- Oxygen Kit on-site and checked
- Dive Leaders assigned
- Divers fit to dive
- Coxswain briefing

### 2. SITE DESCRIPTION

Describe underwater topography, points of interest, way-marks, navigation etc. Include orientation of dive site & bearing back to shore (if appropriate).

### 3. RISK IDENTIFICATION AND CONTROLS

√	Underwater Hazards	Control Measures
	Poor visibility/torch failure Current Obstructions/nets/line/trees etc Cold temperature – free flow Dizziness/Narcosis Lose bottom/unexpected drop-off Fear/Panic/Lost Run out of air	Use torches/buddy lines/ascend Use SMB or DSMB Avoid/use knife or line cutter Cold water precautions/escape plan Ascend/get contact to fixed object/ascend Keep together/ascend/deploy DSMB Ascend Good air management Octopus emergency ascent

√	Surface Hazards	Control Measures
	Sea State/Water State/Weather change Surface Craft Current Fog Obstructions getting in/out	Use snorkel Use SMB or DSMB/keep down until safe Keep together/buddy line Whistle/torch Brief buddy and assist

Site Specific Hazards	Control Measures

### 4. PRE – DIVE PLAN

Agree Maximum depth/Total time/Safety Stops required, direction  
Dive Leader to dive to the ability of their buddy  
Dive Leader to provide de-brief to Dive Manager

## INCIDENT PROCEDURE

**TAKE CONTROL  
ASSESS THE SITUATION  
DELEGATE ACTION  
CONTACT THE EMERGENCY SERVICES**

**At sea, all incidents: Coastguard, VHF Channel 16**  
Decompression illness: **Pan Pan**  
Lives in danger: **Mayday**

**On land:**  
Decompression illness: **BHA / RN Diver Help lines**  
England, Wales, Northern Ireland: **07 831 151 523**  
Scotland: **01 224 681 818**  
Near drowning: **Ambulance 999 or 112**  
Lost diver: **Coastguard/Police 999 or 112**

**GIVE THE FOLLOWING INFORMATION:**  
Who you are    Type of emergency    Location

### DECOMPRESSION ILLNESS

**Keep the casualty quiet  
Lay the casualty flat on his/her back  
Administer 100% oxygen  
Administer fluids**

### DIVE DETAILS

**Ascent: Normal (Y / N)    Rapid (Y / N)    Missed stops mins**

	Incident dive	Previous dives (most recent first)	
<b>Gas mix</b>			
<b>Surface interval</b>			
<b>Time</b>			
<b>Depth</b>			
<b>Duration</b>			
<b>Stop 1 (m / min)</b>			
<b>Stop 2 (m / min)</b>			
<b>Surfacing time</b>			